

The Core Competencies: A Student Self Assessment

Student Name: _____ Grade: _____ Teacher: _____



COMPETENCIES

The intellectual, personal, and social & emotional proficiencies that all students develop over a lifetime.

Pick 2 different coloured boxes/areas (from Communication, Thinking, or Personal & Social) and fill in the following boxes. Provide an example of something you are proud of in that section that you did this year.

<p>C COMMUNICATION</p> <p>Communication (how you speak with others)</p> <ul style="list-style-type: none"> Connect and engage with others (social) Acquire, interpret, and present information Collaborate to plan, carry out, and review (group work) Explain/recount and reflect (reflect on your work and plan how to make it better) 	<p>C I SHOW MY COMMUNICATION SKILLS WHEN...</p> <p>For example: I am proud of my presenting skills when I was able to clearly communicate my presentation on owls for the animal adaptation project.</p>
<p>T THINKING</p> <p>Creative Thinking and Innovation</p> <ul style="list-style-type: none"> Novelty and value (unique ideas) Generating ideas Developing ideas <p>Critical Thinking</p> <ul style="list-style-type: none"> Analyze and critique possible ideas to learn more Question and investigate various projects to achieve various goals Develop and design various projects to achieve various goals 	<p>T I SHOW MY THINKING WHEN ...</p>
<p>PS PERSONAL & SOCIAL</p> <p>Positive Personal & Cultural Identity</p> <ul style="list-style-type: none"> Relationships and Cultural Contexts Personal values and choices (making good choices) Personal strengths and abilities 	<p>PS I SHOW HOW I TAKE CARE OF MYSELF BY...</p>
<p>Personal Awareness & Responsibility</p> <ul style="list-style-type: none"> Self-determination (creating goals) Self-regulation (monitoring your own behaviour and habits) Well-being <p>Social Responsibility</p> <ul style="list-style-type: none"> Contributing to community and caring for the environment Solving problems in peaceful ways Valuing diversity (different ideas from others) Building relationships (collaboration) <p>Working together in groups</p>	<p>PS I SHOW HOW I TAKE CARE OF OTHERS BY...</p>