

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## COMMUNICATION



Core Competencies

Explain/Recount and Reflect on Experiences and Accomplishments

### Core Competency Self-Assessment

I can reflect on my learning this year (September 2019-June 2020) and describe how I have demonstrated or developed my communication competency.

**I can talk about my learning experiences and activities**

What was your favourite learning activity that you did this year?

Why was this your favourite learning activity?

My learning goal(s) for next year: