

KINDNESS BINGO



Give someone a high five	Help someone who is younger than you	Tell someone they are doing a great job!	Offer to help someone who is struggling with something	Make a list of your friend's 3 best qualities and give it to him/her!
Encourage someone who looks like they're having a bad day	Tell someone a reason why you are proud of them	Sit with a new group of people at lunch	Ask a friend how his or her day is going	Secretly hide a nice note in someone's backpack
Write a nice note to your teacher	Compliment 5 people	Free Space	Create your own kind act	Smile at 5 people you don't know
Volunteer to do a chore that isn't yours	Write a nice note to a friend	Find something you have in common with a peer	Write a thank-you note to a lunchroom worker	Ask a parent how his or her day was
Hold the door open for someone	Spend time with a friend	Make a thank-you card for a custodian	Invite someone new to sit with you	Write a nice note to your principal