

WEEKLY LISTS

These weekly lists are provided for you to work with us to maintain continuous learning for your child. These lists include student centered choices to explore throughout the week. Some choices may be repeated weekly as repetition is an essential part of the learning process.

Please have your child pick one option from each category for the day. You can repeat options for several days.

Our main goal is to ensure your child's social emotional well-being. Please keep the following in mind while helping your child learn:

- Use encouraging words
- Breaks are recommended
- Less is more
- Create a routine

EXTENSIONS

Please [click here](#) to see the classroom blog for a list of websites or apps that are available if you would like extensions for learning.

Or you may wish to continue visiting the district website please [click here](#)

UPDATES

A weekly list will be posted to our classroom blog each Monday.

Any further updates regarding continuous learning will be found on the school website and classroom blog.

CONTACT

Please feel free to contact me via email. I will be responding to emails Monday to Friday between 9:00 and 3:00.

WEEK 10

HEALTH AND WELLNESS

Pick one activity below to do for a maximum of 20 minutes:

- **Read a recipe to cook/bake with your parent.** Read each step and help your parent make something yummy!
- **Sock puppets** – make some sock puppets (with permission from your adults) and use them as characters to tell your favourite story or made up story with different voices!
- **Go on a nature scavenger hunt!** See how many you can find of the following:

Something fuzzy	Something you think is a treasure
Two kinds of seeds	A type of bug
Two pieces of litter	An interestingly shaped rock
Something straight	Something you think is beautiful
Something round	A footprint
Something smooth	Something green
Something rough	A stick
2 different types of leaves	Something that seems out of place
Something that makes noise	A pinecone
A chewed leaf	Something brightly coloured

- Visit **GoNoodle** and find out [How to Do An Awesome Card Trick](#) with the help of a parent!

LITERACY

Pick one activity below to do for a maximum of 20 minutes:

- Write a **weekly journal**. Students can pick a journal starter below or make up their own! Use your dictionary to help you.
 - Something unique about me that no one else can do is ...
- Visit **Epic Books** and read two books OR read two books at home to a family member
- **Write an invitation** to a family member to listen to you read a book, poem, or sing them a song. Be sure to include the date, time, location, activity, and what they should bring to your performance.
- **Interview a favourite storybook character.** Come up with three interesting questions to ask them. For example; Big Bad Wolf; Why are you so angry? Where do you live? Who are your friends? What might the character's responses be?

NUMERACY

Pick one activity below to do for a maximum of 20 minutes:

- **Prodigy:** Log onto prodigy and play for 15 – 20 mins
- **How many ways to make 12?** First, find a collection of 12 small counters, like beads, blocks, buttons or pebbles. Show 12 in two equal parts. Show 12 in ten and some more. Show 12 in counting by twos. Are there any other ways to show 12?
- **Counting with Skipping Rope Rhymes:**
Practice counting forward by 2's 5's and 10's with these skipping rhymes. If you don't have a skipping rope, try hopping on one foot:
"Bumble bee, bumble bee in the hive. How many times can I count by five? 5, 10, 15, 20, 25, 30..."

"Yellow socks, green socks, blue socks too. How many socks belong to you? 2, 4, 6, 8, 10..."

"Piggy bank, piggy bank full of dimes! How much money did you find? 10, 20, 30, 40..."
- **Gather a set of 12 popsicle sticks** (or straws, toothpicks, pencils, or narrow paper strips) How many squares can you make with 12? How many triangles can you make with 12? What other shapes are possible?

FLEXIBLE LEARNING

Pick one activity below – these activities have a flexible time-frame:

- Check out the [potato update](#) on our website! **It's harvest time!**
- **Music** – [Music Activity](#) on Ms. Chastko's learning blog
- Visit [Ms. Askew's blog](#) for her weekly lesson
- **Library** – Visit Ms. Carson's [virtual library](#) and pick a book to read!