

WEEKLY LISTS

These weekly lists are provided for you to work with us to maintain continuous learning for your child. These lists include student centered choices to explore throughout the week. Some choices may be repeated weekly as repetition is an essential part of the learning process.

Please have your child pick one option from each category for the day. You can repeat options for several days.

Our main goal is to ensure your child's social emotional well-being. Please keep the following in mind while helping your child learn:

- Use encouraging words
- Breaks are recommended
- Less is more
- Create a routine

EXTENSIONS

Please [click here](#) to see the classroom blog for a list of websites or apps that are available if you would like extensions for learning.

Or you may wish to continue visiting the district website please [click here](#)

UPDATES

A weekly list will be posted to our classroom blog each Monday.

Any further updates regarding continuous learning will be found on the school website and classroom blog.

CONTACT

Please feel free to contact me via email. I will be responding to emails Monday to Friday between 9:00 and 3:00.

WEEK 6

HEALTH AND WELLNESS

Pick one activity below to do for a maximum of 20 minutes:

- **Create an obstacle course** in your house where you have to go over, on, and under three things. Teach a sibling or parent. (Don't forget to clean up after yourself!)
- **Indoor Bowling:** This is a great way to reuse water bottles! Line six to ten water bottles up at the end of your hall or living room. Place a line of masking tape at the starting line. Grab a medium-sized indoor ball and start bowling!
- **Marble Run:** Create a marble/ball run. What do you need to do to keep the marble/ball in motion?
- Visit **GoNoodle** and follow the video to create a [Paper Air Plane](#) !

LITERACY

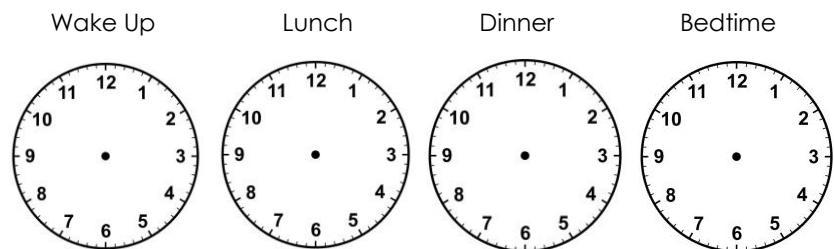
Pick one activity below to do for a maximum of 20 minutes:

- Write a **weekly journal**. Students can pick a journal starter below or make up their own! Use your dictionary to help you.
 - If it rained cats and dogs I would ...
- Visit **Epic Books** and read two books OR read two books at home to a family member
- **What am I? game.** Read the following clues to your child have them guess after each clue what they think the object is. I am red. I am crunchy. I am a fruit. See if your child can make one of their own for you to guess.
- **Choose your favourite season** and write a list of reasons for your choice. Write two descriptive sentences to read to someone and have them guess your season.

NUMERACY

Pick one activity below to do for a maximum of 20 minutes:

- **Prodigy:** Log onto prodigy and play for 15 – 20 mins
- **What time is it?** Under each activity, draw the hands on the clock to show what time it is:



- **Money!** Use quarters, dimes, and nickels to make \$1.00. How many different ways can you make \$1.00?
- **Close to 20** – Remove face cards except for the Aces. Deal 3 cards to each player. Place them face up in front of you. Which two cards bring you close to 20? Which player is closest?

FLEXIBLE LEARNING

Pick one activity below – these activities have a flexible time-frame:

- Check out the [potato update](#) on our website! Our sprouts are still growing tall!
- **Music** – [Listening Activity](#) on Ms. Chastko's learning blog
- Visit [Ms. Askew's blog](#) for her weekly lesson
- Listen to Ms. Carson's Read A-loud [Tree's Make Perfect Pets](#)