

WEEKLY LISTS

These weekly lists are provided for you to work with us to maintain continuous learning for your child. These lists include student centered choices to explore throughout the week. Some choices may be repeated weekly as repetition is an essential part of the learning process.

Please have your child pick one option from each category for the day. You can repeat options for several days.

Our main goal is to ensure your child's social emotional well-being. Please keep the following in mind while helping your child learn:

- Use encouraging words
- Breaks are recommended
- Less is more
- Create a routine

EXTENSIONS

Please [click here](#) to see the classroom blog for a list of websites or apps that are available if you would like extensions for learning.

Or you may wish to continue visiting the district website please [click here](#)

UPDATES

A weekly list will be posted to our classroom blog each Monday.

Any further updates regarding continuous learning will be found on the school website and classroom blog.

CONTACT

Please feel free to contact me via email. I will be responding to emails Monday to Friday between 9:00 and 3:00.

WEEK 2

HEALTH AND WELLNESS

Pick one activity below to do for a maximum of 20 minutes:

- **Simon Says Movement Game.** One person calls out a movement for the others to follow. (i.e. spin 3 times, 5 jumping jacks, 10 knee high kicks etc.) Take turns as the leader to call out "Simon Says..."
- **Cheer!** Show your appreciation for front line workers by cheering, clapping, or hitting pots and pans at 7:00pm.
- **Mystery Items in a Bag:** One person puts a household item into a bag. While holding the bag, your partner should close their eyes and reach in. Can you feel the item to guess what it is?
- [Click here](#) to visit **GoNoodle** and dance to "I'm Still Standing" with family!

LITERACY

Pick one activity below to do for a maximum of 20 minutes:

- Write a **weekly journal**. **Please take a picture and email it to me!** Students can pick the journal starter below or make up their own! Use the dictionary you made to help you.
 - The perfect place in the whole wide world is ...
- **Make a list** of 10 things that make you happy. Pick 3 and explain why it makes you happy!
- Visit [RAZ Kids](#) and **read two books** OR read two books at home to a family member
- Use the following letters to **make as many words as you can**. Letters: s, a, t, i, p, n Other options: r, m, b, d, e, u. Don't forget word families like -at, -ap

NUMERACY

Pick one activity below to do for a maximum of 20 minutes:

- **Prodigy**
 - Log onto prodigy and sign in using your username and password sent to your email
 - Play for 15 mins
- Using a **deck of cards**, pass out number cards to both players. Each player flips over two cards. Add the two numbers showing. Players compare their answers and the player with the higher answer wins all four cards. Try subtracting for your next game!
- **Stay-home Fieldtrip!** Visit [Vancouver Aquarium Live Cameras](#). Estimate how many living things you think you will see. Now count how many living things you see. I wonder... will you see more jellyfish or more penguins?
- **Go on a shape hunt.** Look for an item shaped like a square, rectangle, hexagon, triangle and circle in your house. Draw or trace the item. Use tallies to decide what shape you find the most of and the least of.

FLEXIBLE LEARNING

Pick one activity below – these activities have a flexible time-frame:

- **Music** – [Ms. Chastko's weekly learning](#)
- **Science** – Our Potatoes! – check out the pictures on our classroom blog and **estimate how tall** the spuds will grow by Monday next week. **Send in your estimate to me so we can compare with classmates!**
<https://sd41blogs.ca/ssemandac/2020/04/14/our-little-potatoes/>
- **Library Time with Ms. Carson!** - <http://blogs.sd41.bc.ca/twelfth-library/>