Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Student Self-Assessment

Core Competencies

Read each statement below. Circle one of J K L Take your time.

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| PERSONAL / SOCIAL  |
|  J K L  | I am kind, I can show respect, kindness and support to others.     |
|  J K L  | I can solve problems in a peaceful way and ask for help when I need it.    |
|  J K L  | I can participate in activities to improve the classroom, school, community or natural world.    |
|  J K L  | I can describe who I am and my positive qualities and strengths.    |
|   J K L  | I can tell you about the people, places and things that are important to me.   |
|  J K L  | I can describe my family and community.   |
|  J K L  | I can make choices that keep me happy, healthy and safe.   |
|  J K L  | I can use strategies to manage my emotions.   |
| COMMUNICATION  |
|  J K L  | I can listen to others.  |
|  J K L  | I can share my ideas and questions.  |
|  J K L  | I can work together during group activities.     |
|  J K L  | I can reflect on my learning.    |
| CRITICAL THINKING  |
|  J K L  | I can get ideas when I explore and ask questions.    |
|  J K L  | I can try different ways of doing things.    |
| CREATIVE THINKING  |
|  J K L  | I can get ideas (by exploring and play) and build on other’s ideas to create new things.    |
|  J K L  | I can try a new idea when something doesn’t work; sometimes it takes a few tries.   |