Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ Student Self-Assessment

Core Competencies

Read each statement below. Circle one of J K L Take your time.

|  |  |
| --- | --- |
| PERSONAL / SOCIAL | |
| J K L | I am kind, I can show respect, kindness and support to others. |
| J K L | I can solve problems in a peaceful way and ask for help when I need it. |
| J K L | I can participate in activities to improve the classroom, school, community or natural world. |
| J K L | I can describe who I am and my positive qualities and strengths. |
| J K L | I can tell you about the people, places and things that are important to me. |
| J K L | I can describe my family and community. |
| J K L | I can make choices that keep me happy, healthy and safe. |
| J K L | I can use strategies to manage my emotions. |
| COMMUNICATION | | |
| J K L | I can listen to others. | |
| J K L | I can share my ideas and questions. | |
| J K L | I can work together during group activities. | |
| J K L | I can reflect on my learning. | |
| CRITICAL THINKING | | |
| J K L | I can get ideas when I explore and ask questions. | |
| J K L | I can try different ways of doing things. | |
| CREATIVE THINKING | | |
| J K L | I can get ideas (by exploring and play) and build on other’s ideas to create new things. | |
| J K L | I can try a new idea when something doesn’t work; sometimes it takes a few tries. | |