

# Personal Needs Inventory

FOR EACH STATEMENT, CIRCLE THE RESPONSE THAT FITS BEST:

1 = NOT TRUE

2 = SOMETIMES

3 = VERY TRUE

4 = ALWAYS

1. I love to make friends.	1	2	3	4
2. It is easy for me to talk to anyone.	1	2	3	4
3. I like to talk on the phone.	1	2	3	4
4. I like to work with other people.	1	2	3	4
5. I spend a lot of time with people.	1	2	3	4
6. I want people to like me.	1	2	3	4
7. I want people to be proud of me.	1	2	3	4
8. What my friends think about me is important.	1	2	3	4
9. I prefer working with a group than alone.	1	2	3	4
10. I like meeting new people.	1	2	3	4
11. I don't like making mistakes.	1	2	3	4
12. I like to watch others before I try something new.	1	2	3	4
13. I don't like change.	1	2	3	4
14. I want my desk/room kept neat.	1	2	3	4
15. I want to be very good at what I do.	1	2	3	4
16. How I look is important to me.	1	2	3	4
17. I worry about trying new things.	1	2	3	4
18. I like to be "right".	1	2	3	4
19. I like to organize activities.	1	2	3	4
20. It bothers me if things aren't the way I want them to be.	1	2	3	4
21. I like to have choices.	1	2	3	4
22. I am an active person.	1	2	3	4
23. Sitting for long periods is hard for me.	1	2	3	4
24. I don't like to read for a long time.	1	2	3	4
25. I love to try new things.	1	2	3	4
26. I don't mind being alone.	1	2	3	4
27. What I wear doesn't matter to me.	1	2	3	4
28. I would do something even if others don't want to.	1	2	3	4
29. I don't like being told what to do.	1	2	3	4
30. Being neat and tidy doesn't matter to me.	1	2	3	4
31. I laugh a lot.	1	2	3	4
32. I like to collect things.	1	2	3	4
33. I like to tell jokes.	1	2	3	4
34. I like to make people laugh.	1	2	3	4
35. People think I'm "goofy".	1	2	3	4
36. I like to play games.	1	2	3	4
37. I find a lot of things funny.	1	2	3	4
38. I think school/work is fun.	1	2	3	4
39. I like to sing/dance to music.	1	2	3	4
40. People think I'm funny.	1	2	3	4

# Personal Needs Inventory

## SCORING & REFLECTION

SUM OF RESPONSES FOR QUESTION #1-10		If your score is highest in this section, your primary need is BELONGING.
SUM OF RESPONSES FOR QUESTION #10-20		If your score is highest in this section, your primary need is POWER.
SUM OF RESPONSES FOR QUESTION #20-30		If your score is highest in this section, your primary need is FREEDOM.
SUM OF RESPONSES FOR QUESTION #30 -40		If your score is highest in this section, your primary need is FUN.