

Information Children

Online Workshops & Parenting Groups April 2021

To learn more and register for a group, click on the title of each program.

Parenting Toddlers and Preschoolers

Fridays | @1-3pm | April 16-May 21

In this interactive 6 session series, the focus is on understanding the unique challenges parents of children under age 5 encounter as their children move through the toddler and preschool years. Topics can include but are not limited to: the importance of connection, connecting through play, setting limits & boundaries, brain development & behaviour, effective communication and building resilience.

Online Family Storytime

Tuesdays and Thursdays | @5:30-6pm | April 1 - 29

Join us online for a 30 min interactive storytime with songs and easy art activities.
Suitable for children ages 2 - 5 yrs old

Circle of Security (Spanish)/Círculo de Seguridad en Español

Thursdays | @10am-12pm | April 22-June 10

Jueves | de 10am a 12pm | 22 de Abril al 10 de Juni

This 8 part series will help you learn how to: better understand your child's emotional world & learn to read their emotional needs, support your child and help them manage their emotions, enhance the development of your child's self-esteem and honour your child's wish to be secure.

En esta serie de 8 sesiones, aprenderás a percibir, entender y responder a las necesidades emocionales y de seguridad de sus hijos, a ayudarles a manejar las emociones y a promover el desarrollo de la autoestima de ellos.

Parent Coaching

Questions around parenting the early years (birth - 12 years)?

Our Parent Educators are available to have a 1:1 session with you to explore your questions and brainstorm strategies that work for your family situation.

Parent Coaching sessions can be booked via our helpline: 778.782.3548 or
email: info@informationchildren.com

Parenting
help when you

need it!



Helpline
778.782.3548



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info@informationchildren.com



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