



**BURNABY
FAMILY LIFE**
A PLACE TO GO... A PLACE TO GROW!

WINTER 2021 -- ONLINE PROGRAMS

Our popular programs are constantly adapted to meet changing safety requirements set by the Provincial Health Officer during the pandemic. **All programs are FREE unless otherwise indicated.** We are grateful to the BC Ministry of Children and Family Development for its support.

PARENTING PROGRAMS

FAMILY PROGRAMS (0-6 YRS)

MON

CIRCLE TIME

ONGOING (break DEC 20 - JAN 3), 10-11:30 a.m.

TUESDAY

SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING (STEP)

JAN 12 - FEB 23, 6-8 p.m.

NOBODY'S PERFECT

JAN 19 - MAR 9, 12:30-2:30 p.m.

MOTHER GOOSE

JAN 5 - MAR 9, 10-11 a.m.

LEARNING TOGETHER THROUGH PLAY

ONGOING (break DEC 20 - JAN 3) 3:30-4:30 p.m.

WEDNESDAY

CALM AND CONFIDENT PARENTING

JAN 13 - MAR 3, 12:30-2:30 p.m.

FATHERHOOD, A JOURNEY

JAN 13 - MAR 3, 6-8 p.m.

SUPPORT GROUP FOR LGBTQ2SIA+ PARENTS

JAN 13 - MAR 3, 7-9 p.m.

LTPP: PLAYFUL LEARNING FOR FAMILIES

ON-GOING (break DEC 20 - JAN 3), 9:30-10:30 a.m.

LTPP: HEALTHY FAMILIES, HEALTHY MINDS

ON-GOING (break DEC 20 - JAN 3), 10-11:30 a.m.

THURSDAY

PARENTING FOR IMMIGRANTS

JAN 21 - MAR 11, 12:30-2:30 p.m.

ANGER MANAGEMENT FOR MEN (\$65)

JAN 21 - MAR 11, 12:30-2:30 p.m.

MOTHER GOOSE

JAN 7 - MAR 11, 10-11 a.m.

CREATIVE LEARNING FOR PRE-SCHOOL CHILDREN

ON-GOING (break DEC 20 - JAN 3), 10-11:30 a.m.

FUN & GAMES

ON-GOING (break DEC 20 - JAN 3), 2:30-3:30 p.m.

LTPP FOR KOREAN SPEAKING FAMILIES

ON-GOING (break DEC 20-JAN 3), 12:30-1 p.m.

FRIDAY

NOBODY'S PERFECT

JAN 15 - MAR 5, 12:30-2:30 p.m.

IMMIGRANT WOMEN'S SUPPORT GROUP

JAN 8 - MAR 12, 9:30-11:30 a.m.

BABY & ME SECOND STAGE

ON-GOING (break DEC 20 - JAN 3), 10 a.m. - NOON

BRINGING OUTDOORS INDOORS

ON-GOING (break DEC 20 - JAN 3), 2:30-3:30 p.m.

SAT

SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING (STEP)

JAN 23 - MAR 6, 1:30-3:30 p.m.

CREATIVE PLAY FOR FAMILIES

ON-GOING (break DEC 20 - JAN 3), 10-11:30 a.m.

Information and pre-registration (required for all programs):

BFLGROWSCOMMUNITY.ORG

