**PS**

# Positive Personal & Cultural Identity

A positive personal and cultural identity is the awareness, understanding, and appreciation of all the facets that contribute to a healthy sense of oneself. It includes awareness and understanding of one’s family background, heritage(s), language(s), beliefs, and perspectives in a pluralistic society.

Here are some of the statements that a student might make when assessing this core competency:

* I can describe my family and community.
* I am able to identify the different groups that I belong to.
* I understand that my identity is made up of many interconnected aspects (such as life experiences, family history, heritage, peer groups).

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