**Tuesday, June 2nd Dance Class**

**Warm up: Pump it out :** <https://www.youtube.com/watch?v=etYhiq9hM8A>

Can you make up your own warm-up?

# Activity: Fresh Prince Theme song: <https://www.youtube.com/watch?v=jPll94fI4i4>

**Fight Song:**  <https://www.youtube.com/watch?v=40uEcTuqIvM>

**Cool Down: Magic Stretching :** <https://www.youtube.com/watch?v=JqBjmmJAqec>

**Thursday, June 4th Dance Class**

**Warm up: Rock Out :** <https://www.youtube.com/watch?v=3KReaoKLA-4>

# Activity: I Gotta Feeling : <https://www.youtube.com/watch?v=FnVXTEUmba8>

**Kidz Bop- That’s What I like :**  <https://www.youtube.com/watch?v=9ca03EO-NMI&t=262s>

# Cool Down: Manage Frustration - Empower Tools

<https://www.youtube.com/watch?v=OIE_PHkORHA>