**Tuesday, June 23rd Dance Class**

**Warm Up:**

<https://www.youtube.com/watch?v=Imhi98dHa5w&list=RDEMppqbSn7svFJsdsXaDM2NVA&index=14>

**Activity:**

<https://www.youtube.com/watch?v=QfzRP6V5rE4&list=RDEMppqbSn7svFJsdsXaDM2NVA&index=16>

Pick 3 new dance movements you learned from this Dance. Create your own dance using your new moves and pick your own song. Count 8 beats for each dance movement. Share your dance with a family member.

I know you have been learning about animals so let’s try a fun Monkey Dance:

<https://www.youtube.com/watch?v=KpdRc9L97TY>

**Cool Down:** Listen to this song while you cool down by doing your own stretch

<https://www.youtube.com/watch?v=oHA7NvWOLgQ>