**Physical Education – Silly Yoga Poses**

Most yoga poses have serious names. They are often connected to nature and animals. Here are some poses that you might know.

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Today, you are going to make up your own yoga poses with silly names.

Try making up your own pose for these silly names:

1. Pickle pose
2. Are my feet stinky? pose
3. Zombie pose
4. Cinnamon raisin bagel pose
5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (make up your own name) pose

Get someone to take a picture of your poses or draw a picture of the poses.