**Tuesday, May 5th Dance Class**

**Warm Up:**

**Let’s get Moving! :** <https://www.youtube.com/watch?v=ymigWt5TOV8>

**Activity:**

<https://www.youtube.com/watch?v=2PitrmbMQNk>

Can you make up your own dance routine using Locomotor and Non-Locomotor movements?

**Cool Down:**

<https://www.youtube.com/watch?v=7gMuN6m1Gso>

Practice some more dances using Mrs. Jaffer’s YouTube Channel! Click on her blog and look under Primary Dance!

<http://sd41blogs.ca/jaffers/>

**Thursday, May 7th Dance Class**

**Warm Up:**

Let’s get Moving! **:** <https://www.youtube.com/watch?v=g3L556EpRuo>

**Activity:**   
KIDZ BOP Kids - Best Day Of My Life (Dance Along)

<https://www.youtube.com/watch?v=sNog54ovi8Q>

Try to learn 3 new dance moves from this dance. Keep practicing until you get it!

**Cool Down:**

<https://www.youtube.com/watch?v=9rOQKt6z0d4>

Practice some more dances using Mrs. Jaffer’s YouTube Channel! Click on her blog and look under Primary Dance!

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