**Tuesday, May 26th Dance Class**

**Warm up: Uptown Funk:** <https://www.youtube.com/watch?v=eYMni0l8g6Y>

**Zumba kids:** <https://www.youtube.com/watch?v=9fgA6TJ5VHY>

**Activity: I Get Loose:** <https://www.youtube.com/watch?v=if8qfVjVFc8>

**Cool Down: Super Simple Stretches:** <https://www.youtube.com/watch?v=wK99lII1oFM&t=63s>

**Thursday, May 28th Dance Class**

**Warm up: Repeat the Beat :** <https://www.youtube.com/watch?v=3WnI4UNgSaY>

Can you make up your own moves with the beats?

**Dance, Freeze, Link! :** <https://www.youtube.com/watch?v=3ZqgaHeB5ao>

# Activity: Achy Breaky Heart : <https://www.youtube.com/watch?v=VacjoZA0Jvs>

**Cool Down: Sit and Stretch:** <https://www.youtube.com/watch?v=dnwHDN6Dw7Q>