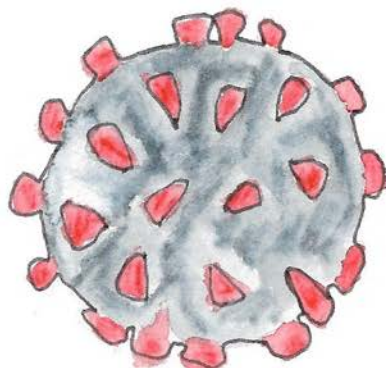


Staying Home

A Story to Teach Kids About Covid-19

Kayla Langton



Things seem different lately.
I'm starting to get worried.
My sister is just plain bored.





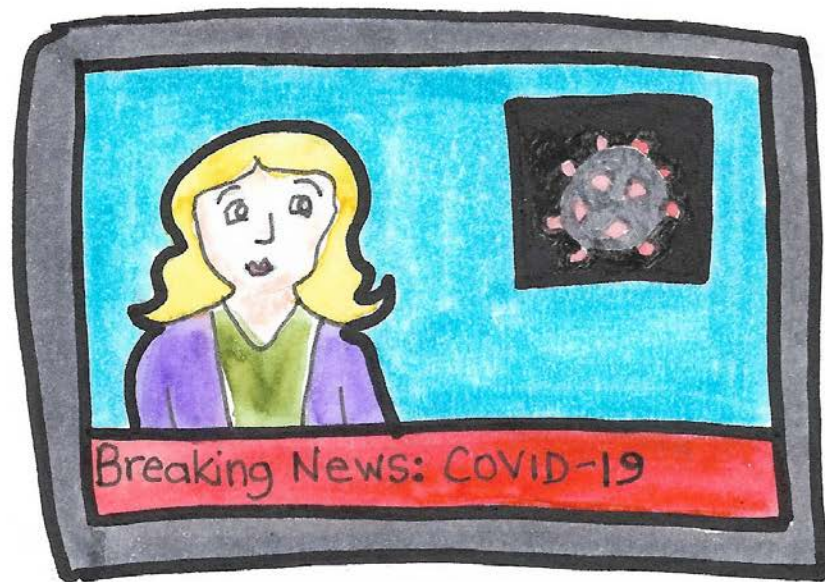
Just last week I was having fun outside at recess and building giant block towers. Now I have to stay home.

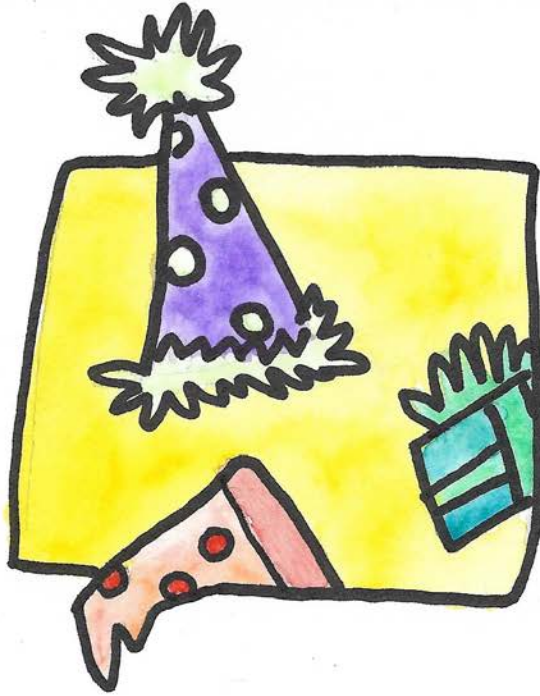
I was so excited to go to the soccer game.



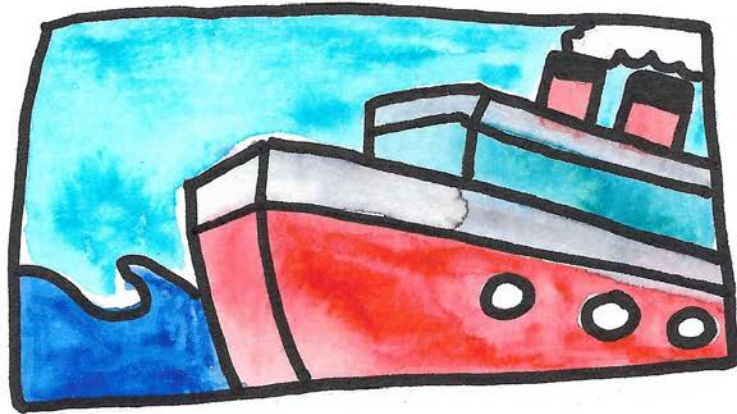
I miss watching our local Hockey team on TV.

Now, all we watch is the news. I feel nervous and confused about what I see. My parents try to explain what is happening in ways that make more sense to me.





I was looking forward to my cousin's birthday party.



My family was going to go on a big boat to a hotel with a pool. Now, we can't go. My sister and I are disappointed.

Staying home doesn't seem as fun as all the activities we had planned. Mom and Dad say feeling disappointed is ok. All feelings are normal.





Mom and Dad say that many places are closed because of a contagious sickness. We are all working together to stay safe. The sickness would be worse for Nana, Pops, Gung-Gung and Paw-Paw. We're trying our best to keep them safe.



Sometimes people feel normal
and healthy but they bring
the virus with them without knowing.

R

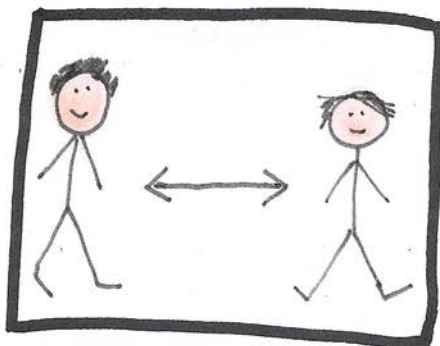
I do my part by using my elbow to catch Coughs and sneezes.



GERM POCKET



WASH YOUR HANDS I wash my hands with soap and warm water often. I keep a big space between my body and people that don't live with me.



SOCIAL DISTANCING



The whole world is dealing
with this virus right now.
We are all trying our
best to keep our
families and communities
safe.

I can help by
staying home,
washing my hands
and letting my parents
know if I feel sick.





Luckily, there are so many fun activities I can do at home. Staying home is worth it if it helps my family and others stay healthy.

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I can connect
with my friends
and family
through video-
chat, cards
and letters.

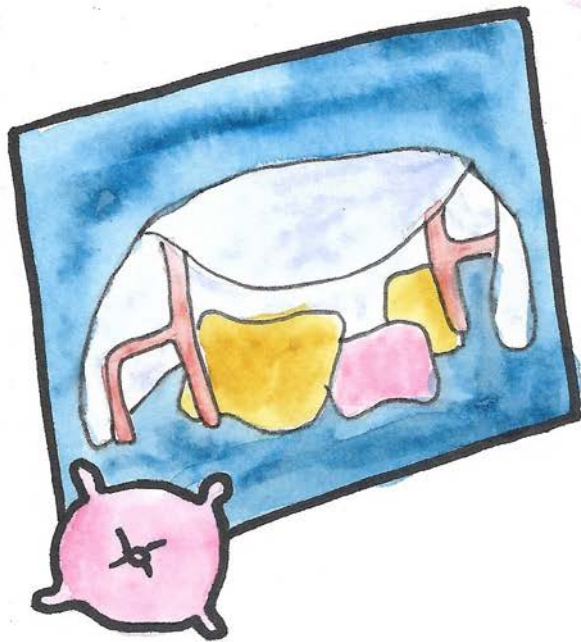
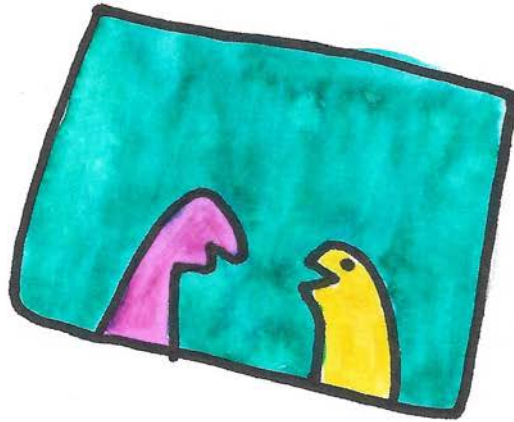




I can learn in the kitchen by cooking, baking or inventing new recipes with the help of an adult.

I can use my
imagination.

I can put
on a puppet
show or a
play.

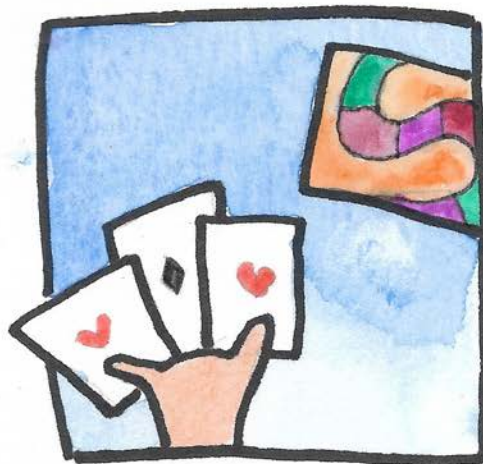


I can
build a
blanket
fort with
my sister.



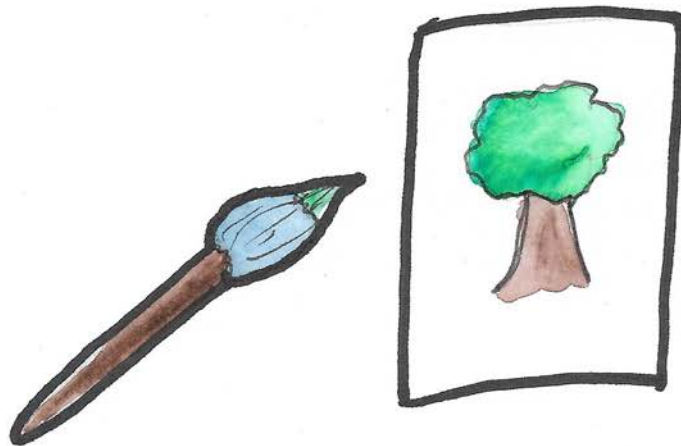
I can use
my thinking
skills by
reading
books and
magazines.

I can play
card games
and board
games too.





I can make
music. I can
paint. I can
create things with
art materials.



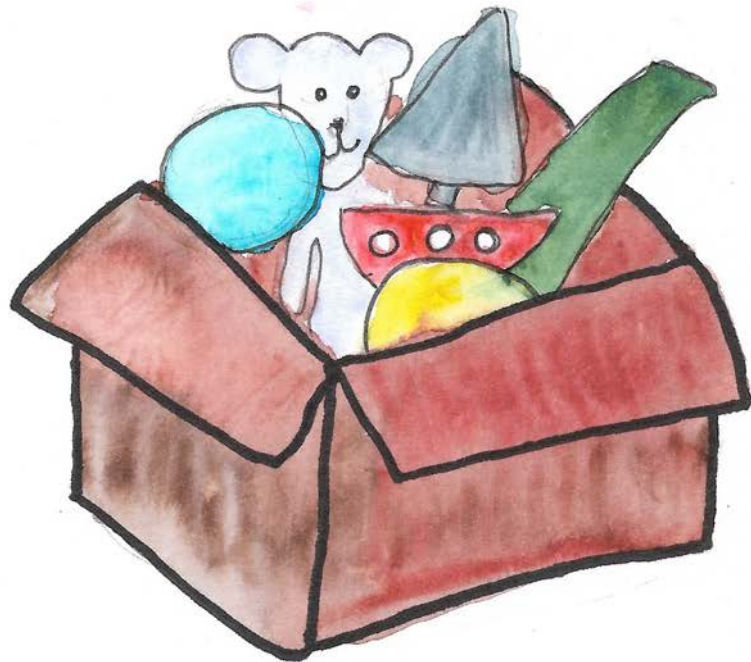
I can still go
outside. I can
go for walks,
garden, and
play in the



backyard
It's healthy
to move my body
and get fresh air.



I can help
by cleaning up.
Donating items
that I no longer
use will help
people in my
community.





I am so grateful
for my home and
my family. We
will get through
this and things will
go back to normal.

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