

Mondays @ 10:15am-12:15pm March 8 - April 12, 2021 Via Zoom

CLICK HERE TO REGISTER

For more information, contact us at: info@informationchildren.com 778.782.3548

Information Children

Helping our children Grow

In this interactive series, the focus is on understanding the unique challenges involved in parenting the early years (4-8 years old).

In a supportive, discussion-based environment, parents can share their concerns and challenges, and celebrate their successes.

Topics include but are not limited to:

- ^ Encouraging resiliency
- Supporting our child's emotional development
- ^ Temperament and transitions
- ^ Understanding our child's challenging behaviour
- ^ Positive ways to set limits and boundaries
- ^ Screen time and technology