**Mental Health Brochure**

Mental Health is a growing concern worldwide. Psychological disorders are increasing in terms of prevalence rate and the world is learning how to handle these issues. Many workplaces around the world are learning how to deal with these situations and the country of New Zealand has mandated two paid mental health days (making them the first government worldwide to do so). Your task is to create a brochure that will bring awareness to the situation.

**Procedure:**

1. This is a partnered assignment. Form a group of **two.**
2. Design a brochure that discusses ONE of the following psychological disorders.
   1. Generalized Anxiety Disorder (you can include phobias)
   2. Obsessive-Compulsive Disorder
   3. Post-Traumatic Stress Disorder
   4. Major Depressive Disorder
   5. Bipolar Disorder
   6. Intermittent Explosive Disorder (Anger Issues)
   7. Schizophrenia
   8. Eating Disorder
   9. Anything else you see fit (See Mr. Katsionis)
3. You will create a brochure that will discuss the following questions
   1. Describe your psychological disorder (Example: what is it?)
   2. What are the symptoms?
   3. What are short-term and long-term consequences if it is left untreated?
   4. Discuss **two** different types of treatment/therapy that will assist individuals with this disorder.
   5. Create and explain **one** program that you offer that will combat this psychological disorder.
   6. Where can they get help? (Name two different places in BC that offers treatment for your particular topic) 🡪 Be sure to explain in 2-3 sentences why this location is the best for this problem.
4. Make sure your brochure is designed and inviting. It should be colorful so that people will **want** to read what is inside.
5. This assignment will be due

**Evaluation:**

Design /5

Content /10