

Time to Daydream

**Even if we can't go far away this summer,
we can travel to new places in our imaginations!**

Just Listen...

1. **Find a quiet spot** for online listening.
2. Sit in a relaxed position.
3. Take **5 deep breaths**, in through your nose, out through your mouth.
4. Click the link and **listen** to this piece of [music](#)
5. Good work. Take a break! Continue to the next part later or another day ☺

Listen and Draw...

This piece is by Claude Debussy. It was written in 1890 and is called “**Rêverie**” in French which means ‘**Daydream**’ in English.

1. Get out a blank piece of paper and something to draw with like pencil crayons, crayons or even just a pencil.
2. **Listen** to the [music](#) again. How do you feel? What is the music leading you to think about? Draw what you are imagining when you are listening to this music.
3. Where did the music and your imagination take you? Show this place in your drawing.
4. Are you alone? Are there other people or animals there? Draw what you imagine.
5. Draw what is happening or what you are doing.
6. **Bravo!** Take a bow ☺ If you finish before the end of June, take a photo and email it to me Karin.johnson@burnabyschools.ca or show me in September if you want ☺