

Hi Div 4, 5, & 6!

I'm thinking about each of you every day. I miss you! I hope you are finding activities that you can do to keep your spirits up and your brain active. Making music is one of those! At 7:00 pm every night, people around the world are showing their thanks for nurses, doctors and other workers. Written below is one fun way you can join in and practice some Music too! If you don't understand part of my instructions, that okay! Do the parts you do understand and take the time you need. If it takes until next week, that's okay. You can ask me questions in the Music Channel or you can email me.

Sending you lots of hugs and smiles,

Karin



It's **Sports Day!** You're making a **cheer** for the nurses, doctors and other essential services workers. Follow the instructions and **type your answers** into another document **OR write your answers** on a separate piece of paper.

1. Think of **any** simple song you know. If you have your recorder at home, choose **any** song you can play on it. Here are a few suggestions:

With recorder – Bonnie Bee, Polka Hop, Hot Cross Buns, or...

Without recorder – Row Your Boat, Jingle Bells, Lusse Lelle, I Love the Mountains, or...

My song choice is:

2. Brainstorm some words or phrases we use to encourage people and show them our thanks. Write down at least 6 of these words or phrases.

3. Using some of those words, rewrite the words to the song you chose and turn it into a cheer for essential services workers. Leave a space between each line of words.

For example:

Hot cross buns.

Go nurses go!

Hot cross buns

You are the best, you know!

One a penny, two a penny

We all thank you, and we'll plank too!

Hot cross buns.

Go nurses, go!

Your turn:

4. What song do you think I was using for my example above in #3? Take a guess 😊
5. Name your new song and practice singing it.
My new song is called:
6. Create a **body percussion** version of your new song:
 - a. **Clap the rhythm of the new words while you speak them.**
 - b. **Replace some of the claps** with stomps, snaps, or pats
 - c. Add or change things until you have a body percussion version that you like and can play it **while you speak the rhythm of the words.**
 - d. Now play your body percussion version **while just thinking, not speaking, the words.**
 - e. Write the body percussion pattern below each line of words in #3.
For example:

Go nurses, go!
stomp clap clap snap

You are the best, you know!
stomp pat pat pat pat clap

We all thank you, and we'll plank too!
snap snap snap snap, pat clap pat clap

Go nurses, go!
stomp clap clap snap
7. If you have your recorder, practice the song you chose on your recorder. If you don't have your recorder, it's okay. Skip this step.
8. Create a short ending (in Music we call this a 'coda'). You can use your recorder, or your voice, and/or body percussion.
9. Put your piece together in ABA form:

A – Sing the song with your new words

B – Play the song on body percussion, and then on your recorder if you have it

A – Sing the song again with your new words

Coda – Perform the ending you created
10. At 7:00 pm, perform your piece from your balcony or front yard. Have fun! Make a short video your performance if you can.
11. Email your video and the answers to Questions 1 – 6 to me:
<mailto:karin.johnson@burnabyschools.ca>
12. Bravo!! Take a bow!!

