

Hi Team!

I'm thinking about each of you every day. I miss you all sooooo much. I hope you are doing the things that make you feel good, like singing! At 7:00 pm every night, people around the world are showing their thanks for nurses, doctors and other workers. Written below is one fun way you can join in and practice some Music too! You can do Part 1, or Part 2, or both. 😊

Sending you lots of hugs and smiles 😊,
Karin

7:00 PM Song   

Part 1

- Practice singing the song 'Green Sally' with the actions Karin taught you.
- Teach someone else in your house how to sing the song and do the actions.
If the people in your house are busy, teach a stuffed animal 😊
- At 7:00 pm, perform the song and actions on your balcony or in your front yard.
- Take a bow! Bravo!!



Part 2

- Practice singing the song 'Green Sally' while clapping the beat.
- Practice the song 'Green Sally' with the actions Karin taught you.
- Make up your own actions to go with the song.
- At 7:00 pm, stand on your balcony or in your front yard and perform the song 3 ways:
 - Sing 'Green Sally' and clap the beat
 - Sing 'Green Sally' with the actions Karin taught you
 - Sing 'Green Sally' with your new actions
- Take a bow! Way to go!!



Bonus Points:

What do you think Green Sally looks like? Draw your own picture of 'Green Sally'. You can use any paper you have or the back of this paper.