

LEARNING FRAMEWORK OVERVIEW - POSSIBLE ACTIVITIES

- ❖ Remember you should be working on **SOCIAL EMOTIONAL LEARNING and CONNECTIONS** for 20 Minutes a day Time, **LITERACY** for 20 Minutes a day and **NUMERACY** for 20 Minutes a day and. In addition, you might choose to do some **FLEXIBLE LEARNING ACTIVITIES** using a timeframe of your choice.

Literacy Time (20 Minutes Daily):

- Grab a book and settle down for some reading (individual, shared reading)
- Kids A-Z Learning website. Your child can work on assignments or select other resources for reading and writing practice.

Numeracy Time (20 Minutes Daily):

- Create patterns, map out your home, measure something, play cards
- Zorbits Math Adventure is a game-based learning program that helps students strengthen their math ability and build a positive attitude towards learning math
- Zorbit's Math Daily April Edition and Zorbit's Math Home Learning Kits.

Social Emotional Learning and Connections (20 Minutes Daily):

- Weekly Phone call or meeting in Teams
- Calming Activities for Zones: (drawing a picture, working on a puzzle, mindful breathing, Stretch and do Yoga, Listening to music.
- Gratitude's
- Positive Affirmations
- Kindness Challenges- do something kind for someone, pay a family member a compliment, make something special for others.
- Relationship Building Challenges

FLEXIBLE LEARNING TIME: (Social Studies, Science, STEAM challenges, Painting, Experiments, Music, ADST: cooking, sewing activities, Outdoor Activities)

Mystery Science

- Mystery Science is an online science resource, with videos, discussion questions, and hands-on activities. Each lesson starts with a question to spark students' curiosity.

Fitness Time

- Go outside for a run, walk the dog (if you have one), core work (squats, burpees, lunges), skip, weightlifting with soup cans?
- Use GoNoodle to stay active and engaged in the classroom with dance-alongs, yoga videos, mindfulness activities, and other awesome ways to move.

Service Time

- Do something for someone else in the family. This may be a chore. How about AP dishwashing, or Advanced laundry, or Challenge sweeping?

Genius Time

- If you can learn anything in school, what would you choose? Would you learn about fashion and design a new outfit or explore and research your wonders and questions? Maybe you would work on new artist techniques and skills, learn a new song or act out a story or decide to be a newspaper reviewer and write about the books you have read

or movies you have seen in your own voice, recommending them or not and sharing your reasonings. Would you build something remarkable using Lego, read a lot of books and write one yourself or become a poet and create a variety of different poems? This is your genius time. You get to choose a topic based on your own interests. You get to ask and research your questions and wonders! This is your chance and time to show your genius. So, go and explore and make something AWESOME!