



Hi Lochdale Families!

As we practice our Emergency Preparedness Drills over the next months, we are also in the process of collecting emergency **comfort kits** for our students. An emergency comfort kit is essentially a small collection of items designed to offer comfort to your child in times of distress. Your help in ensuring that your child feels safe and cared for during emergencies is greatly appreciated. These comfort kits not only provide food and water but also offer reassurance and safety.

At the end of the school year in June, we sent home comfort kits to those families that brought one in for their child(ren). If that is the case, then you can **reuse** the same kit and just replenish or replace any expired food and water as necessary. If you need to put together a 'new' comfort kit for your child(ren), please see below the list of items recommended to include in your child's comfort kit. Please replenish or assemble an Emergency Comfort Kit for your child(ren) and return it to your child's classroom teacher by **Friday, October 26th, 2025**.

Please check that all comfort kit food items have a shelf life that extends at least to July 2026. **Please note** that the bins we use to store the comfort kits have limited capacity. To ensure that every child's kit can fit in the bins, kindly send only the items listed below and that all items fit easily inside the Ziploc bag.

Emergency Comfort Kit Recommended Items:

1. Ziplock bag (26.8 cm x 27.3 cm) – preferably freezer bag that can fit all items. Please print your child's name in permanent marker on the bag and clearly mark 'ALLERGY ALERT' if your child has any food allergies.
2. A small bottle of water
3. Pre-packaged snacks – three to five items of small, nutritious snacks. Watch expiry dates. (granola bar, jerky, pepperoni sticks, dried fruits, crackers, etc.)
4. Photo and letter – a family photo and a short letter of comfort can help reassure your child during an emergency.
5. Disposable poncho
6. Emergency foil blanket



These comfort kits will be returned home at the end of this school year **for replenishment of contents** and then to be returned for the beginning of the new school year.

Thank you for your continued support.

The Lochdale Community Staff