

February 23, 2024

Dear Parents,

Next week, we have two school wide events to end off the month of February. The information below to prepare your child for these school activities.

Sincerely,  
Mrs. Hon

### **Pink Shirt Day** (Wednesday February 28)

This is a day for school and other communities to raise awareness on spreading acts of kindness, promoting safe and healthy relationships, and taking a stand against bullying. Staff and students will come together for a school assembly and are encouraged to wear a pink shirt to school.

### **Jump Rope for Heart** (Thursday February 29)

During gym class, we have practiced skipping techniques and emphasized skipping as a physical fitness physical activity that can be done at school. Students are reminded to come to school dressed in loose, comfortable clothing on this day as they will be participating in skipping activity stations with their buddy students. Please visit the Lochdale fundraising page if your family would like to make a donation towards the Jump Rope for Heart Charity <https://jumpropeforheart.crowdchange.ca/44143>.

### **Kindness Concert** (Tuesday March 12 & Wednesday March 13 at 1:30pm)

Please save the dates for our upcoming afternoon concert that will take place in the gymnasium. Our class and Ms. Schmidt's class will be singing the song, *Paper Hearts*. For their costume, we are needing students to wear **black bottoms** and a **red, pink or white shirt**.

Also, please note that we do not expect you to purchase new clothes for the concert. You can borrow an item from a family member or work with what you have such as turning a graphic t-shirt inside out so it is plain white on one side.

