

Name: _____

Date: _____

Personal & Cultural Identity

		Yes	I'm Learning	Not Yet
1	I can describe my family.			
2	I can describe my community.			
3	I can identify the different groups that I belong to.			
4	I can tell what is important to me.			
5	I can describe what I am like (my characteristics).			
6	I can tell what I am good at.			
7	I can tell how I can help others.			
8	I can tell what I want to get better at.			

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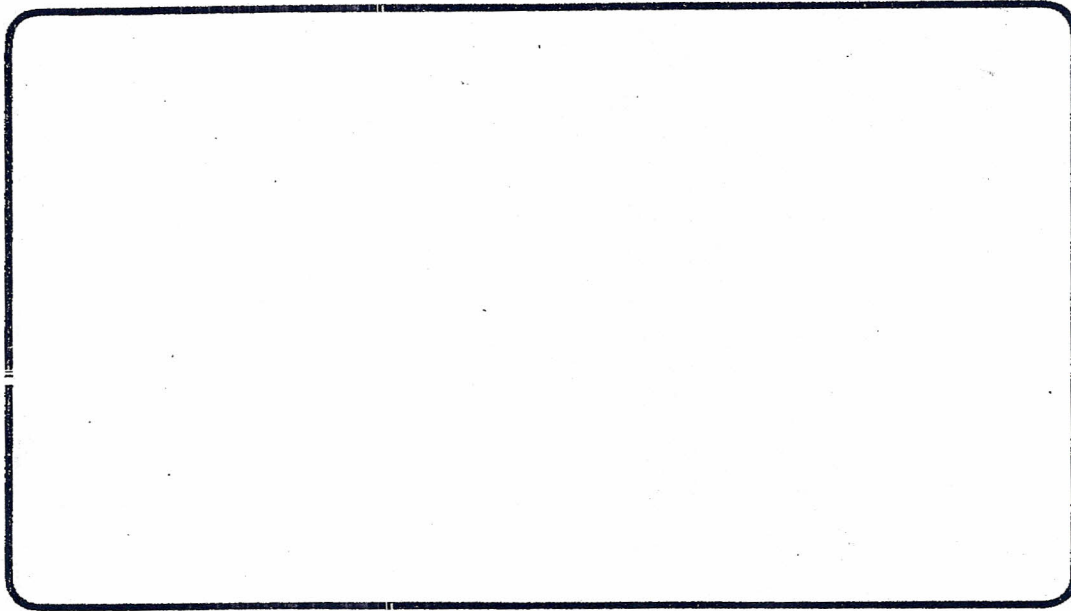
Date: _____

Personal Awareness & Responsibility

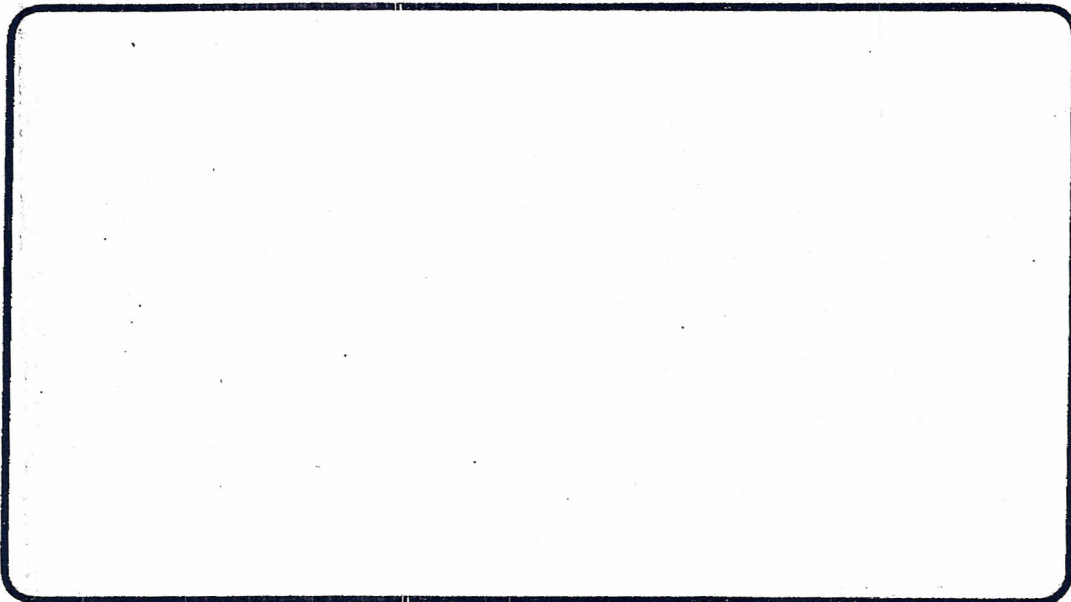
		Yes	I'm Learning	Not Yet
1	I can celebrate when I do something well.			
2	I can look out for myself and others.			
3	I can sometimes recognize my feelings.			
4	I can try to control my feelings.			
5	I can keep trying when something is hard.			
6	I can set goals for my learning.			
7	I can set goals for my behaviour.			
8	I can do things that help me be healthy.			
9	I can do things to help me feel peaceful.			

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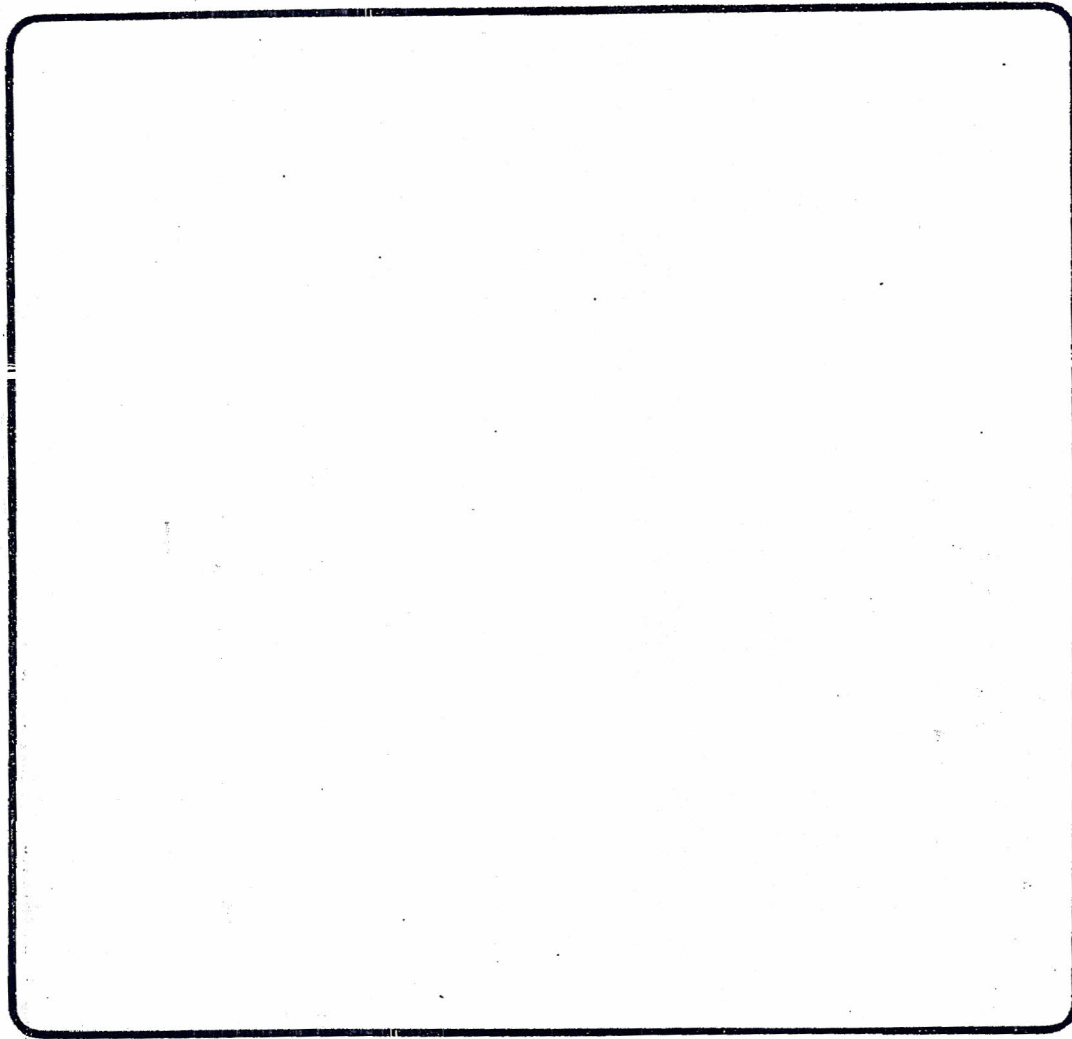
I am good at _____



I want to get better at _____

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A goal for my learning is

A goal for my behaviour is
