Morning message:

Today you will each have your own Zoom meeting with me! We are going to do our Core Competency **Self-Assessment for your** report cards. Don't worry it is very easy to do!!

We will NOT have a class Zoom today.

Monday

June 15th



Today's Inspiration:



30 minutes

Gym (or your 100 Challenge activity if it involves exercise) INSIDE CHOICES:

Zumba: I like to move it; Minions Song; Better When I'm Dancing;

Toca Toca; Gangnam Style; Old Town Road

Work Outs:

Family Fun Cardio; Kids Circuit Workout; Born To Move; Circuit Drill Workout

OUTSIDE CHOICES:

- Bike riding
- Skipping
- Soccer
- Frisbee (Frisbee Golf)
- Hula Hoops
- Create your own game!

20-30 I Can Write

mínutes

Get out some lined paper and work on your writing. You might write a poem, or a journal entry. If you can't think of a topic—try this list. You can use the sentence starters and the word wall to help.

10:30

Recess

15

D.E.A.R. (Read to Self)



Find some books, a quiet spot, and read to yourself for 15 minutes. Do you have some 'reading' glasses or finger eyeballs to read with



20

*Drama

mínutes

Use the Roll a Story we did in our Zoom last Tuesday to act out a story (or use your own ideas). Don't forget to include:

- Characters
- Setting
- Problem & Solution

20 minutes

*Math



Tic Tac Toe

Gather materials outside to make a tic-tac-toe game or use chalk on a safe, clear concrete area.

What strategies do you use when playing tic-tac-toe? What other games could you create with materials you can find outdoors?

Read: "Create and Learn: Crafts For Kids" on Epic! for another way to make a Tic Tac Toe game (along with lots of other craft ideas).

12:00

Lunch

60 mínutes

Art

Bad Hair Day



Can you find a picture of your Dad—and give him a new hair style?? Father's Day is coming up on Sunday...

Book Connections:

On Epic!

"Clip, Clip, Clip"



60 mínutes

Games & Choices

This week's challenge:

It's Shadows!

Walk around your house/yard...what shadows do you notice? How do they change? What surfaces are they on?

Can you create your own shadows?

How can you play with the shadows...?

- Make them longer? Shorter?
- Coloured?
- Lighter or darker?

Options:

- 1. Draw your objects and their shadows.
- 2. Look at your shadow at different times of the day—measure it.
- 3. Create a shadow story...
- 4. What do shadows inspire you to do???





