

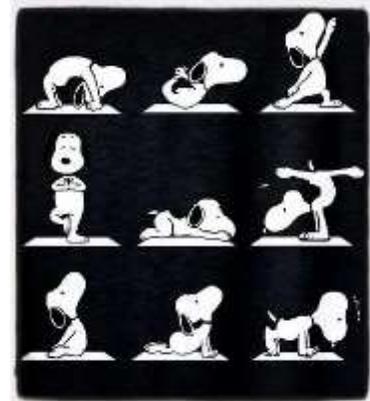
Morning message:

Good morning everyone. I had so much fun cooking with you yesterday. Did you try the recipe? Today we will focus on our writing. Please bring a pencil and paper to the Zoom meeting—and don't forget it is costume or silly outfit day! Can't wait to see what you're wearing.

Thursday
April 23rd



Today's Inspiration:



8:55



***Daily3** (Don't forget a timer will help your child move from one activity to the next)

Get out your lined paper, and work on your writing for 20 minutes. The word wall, sentence starters and topic ideas are available on the [Resources](#) page.



Choose 1

[Raz](#) Kids—check out your assigned book or assessment



[Bookflix](#) + [Response](#) sheet



[Roll](#) and Retell—choose books online or from your own library

Choose 1



Choose a [game](#) don't forget you might need the [word wall](#)



Play a [spelling](#) game on your device

<p>10:00</p>	<p>Math</p> <p>Can you use what you learned about Capacity in yesterday's cooking lesson to help your family prepare a meal or bake something? Send me a photo if you like of what you made (especially if it has chocolate in it...)</p>	 <p>shutterstock · 469501418</p>
<p>10:30 <i>Recess</i></p>		
<p>10:45</p> 	<p><u>Yoga</u></p> <p>Check out the yoga ideas above or be your own Yoga leader and relax yourself through the yoga poses you remember from class.</p> <p>Can you relax your way to your special place without me guiding you? Remember...watching for the cloud above you...floating up until you're resting on the cloud...enjoy this time of stillness. Namaste.</p>	
<p>11:00</p> 	<p>Zoom Call</p> <p>Costume Day: Dress up in your favourite costume or silly outfit (thanks Mara for the idea 😊). Please bring a piece of paper and a pencil to the meeting...</p> <p>Show & Tell: Phoenix</p>	
<p>11:30</p>	<p>Library—spend some time enjoying books from your home library. Maybe you can use a tent like Abigail—or build your own reading corner...when I was little I would read in my closet with a flashlight...</p> 	
<p>12:00 <i>Lunch</i></p>		

1:00	<p>Gym</p> <p>Rainy Day gym at home is just like when the gym is closed at school—we will have to exercise in the classroom (or your living room 😊).</p> <p>You can find a bunch of the songs/dances we do here under Physical & Health Education.</p>
1:30	<p>*Theme--Core Competency—Creative Thinking</p> <p>"I Can be Creative..."</p> <p>Today I would like you to think about something you have created—from your own imagination...remember that creating something doesn't mean you have to 'build' it—it could be a piece of art—or a drama idea (playing house or restaurant count too). This might even happen today during your Games & Choices time...take a photo of your creativity and send it to me. This is for your portfolio binder—we've done it before in class, show me something great! I can make a slide show to share with the class if I get enough pictures...😊</p>
2:00	<p>Games & Choices</p> <p>Be creative!!</p> <p>Use your imagination!!</p> <p>Take a picture for me.</p> 
3:02	<p><i>Dismissal</i></p>