



**Helping  
Students  
Succeed**

Elementary counseling attempts to help all children get the most out of school.

Your support and cooperation can help make your child's school years a rewarding experience.

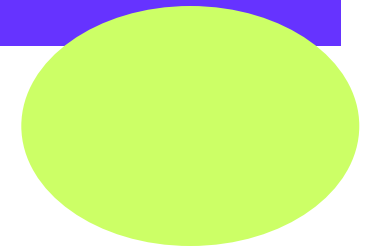
*It is our hope that parents and students feel free to use these services. I look forward to working with you.*



**Schedule:**



**Elementary  
School  
Counseling**



# Elementary Counseling Program

## Students, I am here to help you with:

- Working out friendship problems
- Setting goals
- Working well with others
- Feeling good about yourself
- Adjusting to a new school
- Learning how to make decisions
- Managing your feelings (stress, worry, anger, etc.)
- Dealing with peer pressure and bullying



## Parents, I am available to assist and provide you with:

- Exploring ways to help your child succeed



- Improving parent-child communications
- Referrals for community sources
- Understanding the developmental changes of childhood
- Supply reference materials
- Information to help understand your child's special needs

## Services Provided:

- Classroom Presentations
- Group Counseling (grief, divorce, social skills, and study skills)
- Brief Solution-Focused Counseling
- Parent Consultations
- Community Resource Referrals

\*Please note school counselors do not provide “therapy” or “traditional counseling”.

Referrals for outside counseling services are available for children experiencing grief, divorce, family separation, deployment, or mental health concerns.

