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GROWTH MINDSET DOCUMENTARIES FOR Families

- 1 Born To Be Wild (2011), G** - A wildlife documentary about orphaned elephants and orangutans and the extraordinary staff that works tirelessly as surrogate mothers until they're old enough to be released back into the wild.
- 2 Girls Rock! (2008), PG** - This empowering film follows four 8-18-year-old girls at the Rock and Roll Camp who learn that "it is 100% okay to be exactly who you are." They select an instrument they never played before and write a song, then perform a concert for over 700 people.
- 3 The Short Game (2013), PG** - This film follows the world's best golfers under 8 years old from around the globe who gather yearly at the U.S. Kids Golf World Championship in North Carolina.
- 4 Dream Big: Engineering Our World (2017), NR** - This STEAM-themed film highlights working engineers from various backgrounds, most of them women, who work on multiple projects, from building earthquake-proof structures to footbridges in developing countries.
- 5 My Octopus Teacher (2020), NR** - Craig Foster, a filmmaker, returns to the South African shore of his youth, where he dives into the kept forest and meets a friendly, curious octopus and follows her for a year. The film shows Craig's growing relationship and this mentorship that the octopus provided.
- 6 Bethany Hamilton (2019), PG** - Bethany Hamilton is an American professional surfer who overcame a shark attack where she lost her arm but persevered and returned to professional surfing..



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- 7 The Biggest Little Farm (2019), PG** - A film about Southern California filmmaker John Chester and his wife Molly, leaving their old lives in Los Angeles to purchase an abandoned farm. They spend the next 7 years dealing with the ups and downs of starting an organic farm.
- 8 Fly Like a Girl (2020), NR** - This inspiring film is a movement of young girls and women pioneers in aviation. First-hand stories, as well as a young girl who dreams of becoming a pilot.
- 9 Imba Means Sing (2015), NR** - This is a story that follows 20 young members of the African Children's Choir on an 18-month tour as they sing, dance and find joy in some of the Western world's kid-friendly activities for the first time.
- 10 Kindness Is Contagious (2015), NR** - A film about being nice and the effect of good deeds, documented by David Gaz, the author of the novel (and film) Pay It Forward. A strong positive message about how a little generosity can help us live a more fulfilling life.



You might also be interested in....

[Top 75 Growth Mindset Movies for Children](#)

[Top 30 Kindness and Friendship Movies for Families](#)

G - General Audiences **PG** -Parental Guidance Suggested **NR** -This Film Is Not Yet Rated

