

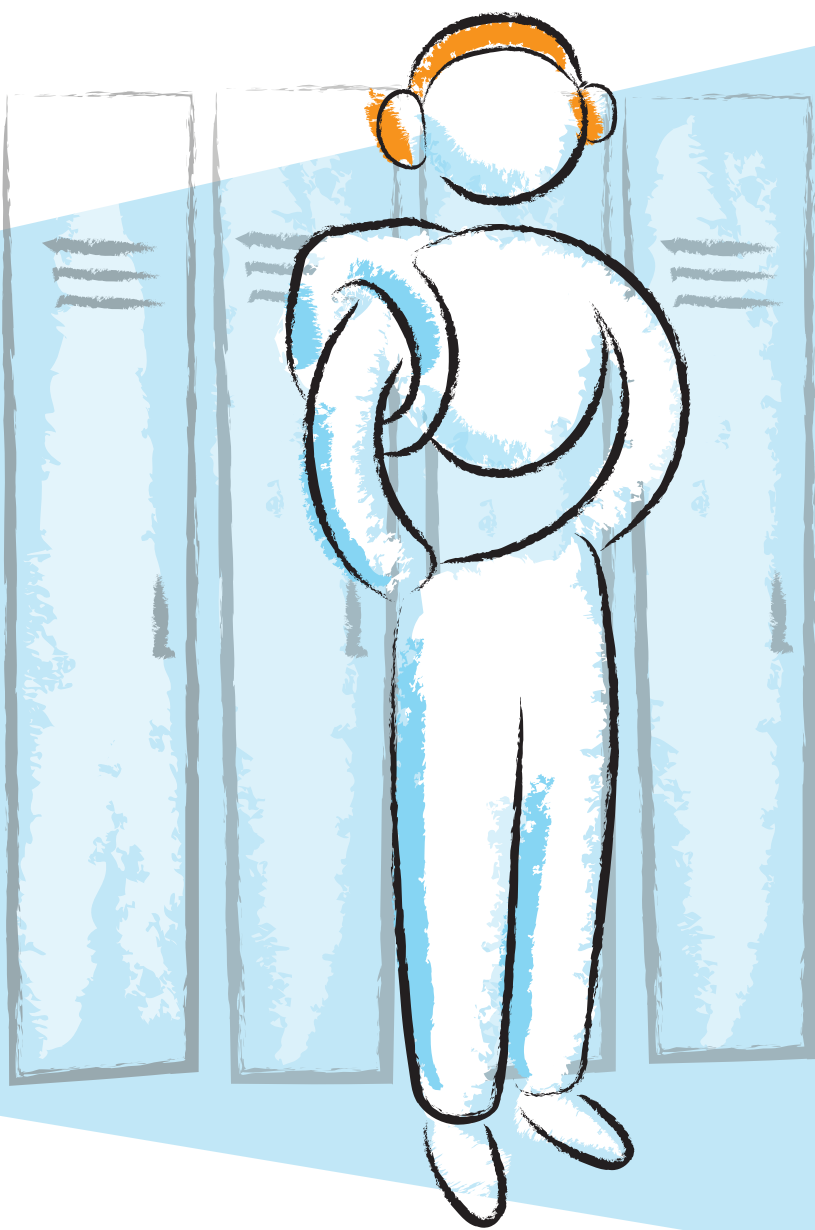
I need help

You're not alone – everyone
needs to ask for help sometimes



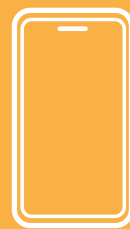
Talk to someone

Get in touch with a counsellor or a trained professional to talk about things you or someone you know may be dealing with.



**Report it
anonymously**

The erase Report It tool is an easy way to send a message to your school safety team, who can help.



Call 911

If you aren't sure if your situation is an emergency, you can still call. Help is available.

Learn about **erase**
and access the
Report It tool



erase.gov.bc.ca