



What to Say to Kids (and Teens) When Nothing Seems to Work

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AN ONLINE EVENT FOR FAMILIES AND CAREGIVERS

What to Say to Kids (and Teens) When Nothing Seems to Work

Dr. Ashley Miller will share quick and effective strategies to help your child and you weather difficult moments in a way that strengthens resilience and relationships.

Dr. Ashley Miller is a Child and Adolescent Psychiatrist, Family Therapist and Clinical Associate Professor of Psychiatry at the University of British Columbia. She loves working with children, teens and families daily, helping them to reconnect to their own strengths and to each other. She is also the co-author with Dr. Adele Lafrance of *What to Say to Kids When Nothing Seems to Work: A Practical Guide for Parents and Caregivers*.



Dr. Ashley Miller

Date: Wednesday, Feb 23rd

Time: 6pm - 8pm (1 hour Presentation and 1 hour Q & A)

Cost: Free

Required Registration: familysmart.ca/events