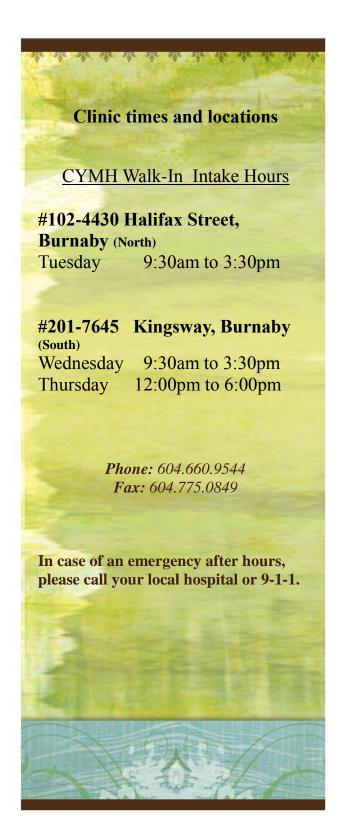
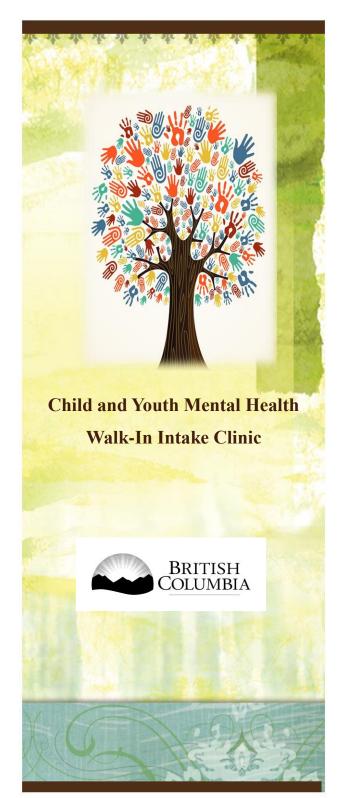
Who We Are

Child and Youth Mental Health provides specialized mental health treatment to children and youth (0-18) and their families, who are experiencing mental health symptoms that impact thoughts, behaviours and feelings.

For children 5yrs of age and under call: 604.660.8139

Children 13yrs of age or under must be accompanied by parent or guardian.





Child and Youth Mental Health

Most commonly addressed by Child and Youth Mental Health Services:

- 1. Assessment and planning
- 2. Individual therapy
- 3. Group therapy
- 4. Family therapy
- 5. Parenting programs
- ✓ Anxiety problems
- ✓ Mood problems, like depression
- ✓ Psychosis
- ✓ Severe behaviour problems
- ✓ Eating disorders

CYMH

Walk-in Intake

Getting Started:

Children, youth and families can refer themselves by attending one of our Child and Youth Mental Health Walk-in Intake Clinics.

Clinic times and locations

(as of April 1st, 2014)

North Burnaby

#102-4430 Halifax Street, Burnaby

Tuesday 9:30am to 3:30pm

South Burnaby

#201-7645 Kingsway, Burnaby

Wednesday 9:30am to 3:30pm Thursday 12:00pm to 6:00pm

**NO appointments

* Clinics are CLOSED on weekends and holidays

